

Coaching Supervision PLUS

- reflective practice through nature's mirror.

Benefit from supervision and learn new nature based coaching practices and tools

As coaches we need to make sure we can be the best we can be. And we must do what we ask our coachees to do and engage in a reflective learning process. To take care of ourselves to make sense of all that we absorb. And remain fresh and resourceful.

Given all that has been happening (or not happening) this year so far, this is an important time to pause and reflect on our practice more than ever.

So this is an invitation for a unique supervision experience. To not only reflect on our coaching practice but to bring in nature as a guide to help us to do that. To learn about a nature-based wisdom approach, and the skill of mirroring to bring in new perspectives into our coaching. For the benefit of ourselves, our coachees and the wider community.

You will find that you see your dance with your coachee, and the coachee themselves with new eyes, hear with new ears and can act courageously from a grounded place.

For coaches who want to:

- reflect on their coaching practice in this unique period
- experience supervision (including in a different way)
- learn the powerful technique of mirroring as 'listening with the heart'
- bring a nature-based approach to their own practice
- connect with fellow coaches as a supportive learning community



Elements: This will be run as 2 consecutive half days via Zoom for an international audience. And will involve some preparation:

- **Session 1: Nature as a mirror**
This will be about connecting and context. You will be introduced to the concept of nature-based wisdom, nature as a metaphor and mirroring as a powerful listening technique – using your real life coaching issues.
- **Session 2: Mirroring the 4 Shields - a human development framework**
Deepening the work, we will offer you a nature based human development framework to explore your coaching practice, which will be mirrored.



Guides



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Christiane and Penelope are collaborating to hold this space for you. Both are leadership coaches and facilitators working internationally and bringing nature-based aspects to their clients. They are both ICF PCC accredited and are passionate about bringing rigour and creativity in their coaching. They have both trained with the School of Lost Borders.



Investment

As both a supervision and training session, the cost will be 300 euros (US\$330). To ensure an intimate experience with individual attention our maximum group size is 6 participants.



Key Dates

Session 1 will be on Monday 27 July followed by Session 2 on Tuesday 28 July. To allow for an international audience (8:30 am - 12:30 pm EST/ 2:30 - 6:30 pm CET).



To Sign up now

Please contact either one of us directly. Christiane@gfconsulting.org +1-202-285-3476 (USA) or penelope@earthconverse.com +34 689465687 (Spain)

At enrollment, we will ask you to pay in full. Upon receiving your payment, we will send you the preparation material and Zoom details.