

Your True Nature Coaching

Have you been wondering how you can take your coaching to the next level?

Are you wanting to serve your clients in an even more meaningful way – to go deeper and more creatively?

Does being in nature “fill you up”?

Would you like stay home and learn more virtually, rather than travel as the world continues to fight this pandemic?

If you have answered yes to any of these questions, then plan to join us – and give yourself a momentous gift that you can share over and over again with yourself, your clients and others you serve.

We are personally inviting you to join us for a special highly experiential, virtual program that brings together ancient, sacred practices, new experiences, deep connections, and profound meaning making, all with the healing benefits of being in nature. And yes, you will be in nature, as you access your own nature in a local park, your yard...even using an indoor plant or photo.



What exactly does this mean?

Using an adult development framework, you will learn how to build confidence while working in natural surroundings, apply nature-based practices in your own practice, all while honing your skills with the new ICF Core Competencies and gaining CCEs in the process!

It is in nature that our “True Nature” can emerge so clearly! Whether you have worked in nature, coached in nature, or are curious about what’s possible to partner with nature, you will learn and practice skills to move beyond “talk coaching”. You will be invited to embrace the sacred pause that nature allows us to let the extraordinary emerge. You will connect in a community with like-minded people to discover what’s possible. [Advanced practicum sessions with a Mentor Coaching hour available for “second (or third!) timers”.]

Upon completion of all 4 program sessions, you will receive the ICF credits.

Who is offering this program?

Your guides, Christiane Frischmuth (MA, PCC, GCC) and Russ Watts (ML, PCC, Integral Facilitator, NBC-HWC) are highly qualified global coaches, facilitators, educators, wilderness guides and mentors who find their balance and deepest connections while with others in nature. We look forward to sharing this experience with you.



Cost: \$695 / €615 (early bird rate \$595 / €530 until March 15, 2021) with an extra discount if you “bring a friend”.

Dates: October 1-2 & October 8-9, 2021 3p-7p
CET/9-1p EST each day
with Christiane and Russ

For more Information and to register: visit www.gfconsulting.org and email Christiane at christiane@gfconsulting.org.

Join us for this special 16-hour program to earn 10 ICF Core Competency and 6 Resource Development CCEs.

[Space is limited to 12 people per course.]